



MENDOCINO COUNTY SCHOOL DISTRICTS HEALTH PLAN

STAYWELL COMMITTEE MEETING

Friday, September 8, 2023

MCOE River Room & Via Zoom

2240 Old River Road – Birch Lab 1

9:30 a.m. – 12:30 p.m.

PRESENT

Anderson Valley:	Belma Rhoades	Casey Farber	Sara Hayward-Remote
Arena Union Elementary:	Bernadette Maul	Kelly Piper	Tansy Leiser-Remote
Ft. Bragg:	Danae Waugh	Wendy Boise	
Laytonville:	Jenet Carbaugh	Shannon Ford	
Manchester:	Jennifer Dempsey-Remote		
MCOE:	Craig Perry	Melissa Dale	Mike Nemeth
Point Arena:	Dunnell Daleuski	Mariyah Ortega	Teppi Cantin
Potter Valley:	Justus Hawks		
Round Valley:	Becky Vordermann-remote	Barbara Figueroa	
Willits:	Melissa Coughlin		
Horicon:	Darshan Hodges	Patti Pomplin	
Staywell CFO:			
Staywell Recorder:	Traci Doster*		
Others:	Suzanne Steely*		

*Non-voting Participants

ABSENT

Fort Bragg:	Karen Leland		
Leggett:	Alia Schoettgen	Ruby Arias	
Manchester:	Stephanie Herrera		
Potter Valley:	Jolene Logan	Krista Looney	
Roung Valley:	Yardi Want		
Willits:	Jenni Wyatt	Melissa Ragsdale	
Horicon:	Stephanie Frazier		
Charter Academy:	Jim Switzer*	Elna Gordon*	
MCYP	Caroline Keller*		
MCOE:	Penny Lauseng*		
Arrow Benefits Group:	Keith McNeil*		

CALL TO ORDER

The meeting was called to order by Wendy Boise at 9:32 a.m.

INTRODUCTIONS

Roll call was conducted.

New board members were welcomed.

APPROVAL OF AGENDA

MSC Patti Pomplin/Dunnell Daleuski, to approve and adopt the agenda of September 8, 2023. **Motion carried (19/0).**

APPROVAL OF MINUTES

MSC Justus Hawks/Patti Pomplin, to approve the minutes from Staywell Meetings of January 20, 2023 & March 17, 2023. **Motion carried (19/0).**

PUBLIC INPUT

None.

REPORTS**Steering Committee:**

The Steering Committee discussed today's agenda as well as in-person meetings vs. hybrid. The consensus is that the in-person meetings are important as attending remotely can/does lead to members multi-tasking and not giving their full attention to the meetings. It is felt that the Committee meetings are important enough that they need to remain in-person.

2022-2023 Claims Update: The claims update only goes through the end of April 2023. The committee is hoping to have the end of year numbers at the next meeting. There have been several large claims that have come in during the 2022-2023 FY so those won't hit the current year.

2023-2024 Administrative Budget: Discussion/Vote: Prior to asking for the motion and second for the Administrative Budget for the 2023-2024 fiscal year, clarification was provided regarding the two-meeting attendance requirement for voting rights. The bylaws state:

4. Each voting member should have been a participant on the Staywell Board for two meetings of the current contract year when the next year's health contract is approved.

Therefore, everyone present has the right to vote on items that are not the health contract approval (typically held at the April or May meeting).

MSC Patti Pomplin/Teppi Canton, to approve the 2023-2024 Administrative Budget of \$159,100. Discussion. The 2023-2024 budget was discussed as was the realization that the previously approved movement of the excess funds has not been completed yet. **Motion Carried (19/0).**

STAYWELL HEALTH PLAN REVIEW - DISCUSSION/ACTION ITEMS**ALL**

Lucent Renewal: MSC Pattie Pomplin/Bernie Maul to approve the Lucent Renewal with a 3% rate increase. Discussion. The rate renewal had been requested at 5% however, Keith McNeil was able to get an agreement for 3%. Clarification for new members as to why we are voting on the increase now. As there was not a quorum present at the May 25, 2023 meeting, the meeting was cancelled and no rate increases were approved/denied. It was noted that Lucent has been providing services since July 1, 2023, without a signed contract. **Motion Carried (19/0).**

Aware Health Renewal: Patti Pomplin/Melissa Coughlin to approve the renewal of the Aware Health contract at \$12.00 PMPM, beginning October 1, 2023, for two years to include five (5) on-site visits per year for the next two years plus online mental health coaching. At the end of the two-year agreement, the Committee will have the option to revert back to \$8.72 PMPM. The agreement also includes a money back guarantee that if the PMPM rate increase does not result in an annual savings of at least \$3.28 PMPM of savings on MSK cost, the difference in the fees will be reimbursed at the end of each calendar year, minus and cash incentives already given to the employees (gift cards, etc.). The details of MSK cost savings are located in the presentation deck provided by Arrow Benefits on page 7. **Motion Carried (19/0).**

OTHER ITEMS - DISCUSSION/VOTE:

ALL

Restate Summary Plan Description (SPD) by Lucent (\$1,500): MSC Patti Pomplin/Justus Hawks to approve the Summary Plan Description restatement at \$1,500. Discussion: There have been several amendments to the SPD over the past several years and the SPD has not been updated to reflect those changes. The restatement of the SPD will incorporate all the approved amendments. **Motion Carried (19/0).**

2023-2024 Meeting Calendar: MSC Patti Pomplin/Dunnell Daleuski to approve the 2023-2024 Committee meeting calendar. Discussion. Committee members asked if we could review other days of the week for meetings for next year. **Motion Carried (19/0).**

Elect two (2) New Steering Committee Members: MSC Mike Nemeth/Melissa Coughlin to elect Justus Hawks (Certificated) and Melissa Dale (Classified) to the Steering Committee. **Motion Carried (19/0).**

ADJOURNMENT

MSC Justus Hawks/Teppi Canton to adjourn meeting. **Motion carried.** Meeting adjourned at 10:25 a.m.