

**FAMILY LIFE EDUCATION**

The County Board of Education believes that a wholesome, well-planned sequence of instruction about family life and human sexuality is essential to the general education of all students. Lack of information or pervasive misinformation can cause low self-esteem, increased risk for sexually transmitted disease, unintended pregnancy or sterility, and school/ program dropout. The County Office of Education curriculum shall help students understand the biological, psychological, social, moral and ethical aspects of human sexuality.

*Legal Reference:*EDUCATION CODE

48980 *Required notification of rights and availability of nutrition and individual instruction programs*

51202 *Instruction in personal and public health and safety*

51240 *Excuse from health instruction and family life and sex education due to religious beliefs*

51550 *Sex education courses*

51553 *Sex education*

51820 *Venereal disease instruction; written notification to parent; inspection of instructional material; consensual pupil participation*

FAMILY LIFE/SEX EDUCATION GUIDELINES, California Department of Education, 1987

Policy adopted: September 16, 1991

Revised: August 17, 1998